

# Healthy Options for Psychiatric Emergencies

## Psychiatric Urgent Care for Kids



**United Counseling Service (UCS)** Division of Children, Youth and Family Services (CYFS) provides home and community-based services for children, adolescents, and young adults.

### What is Psychiatric Urgent Care for Kids (PUCK)?

**PUCK is a crisis stabilization program** for youth in Bennington County who are experiencing a mental health or behavioral health crisis. A primary goal of PUCK is to keep youth in mental health crisis out of the emergency room.

Youth are screened by an Emergency Services staff member and, if appropriate, are referred to PUCK for further care and assessment.

The PUCK Sensory Room provides a safe, child-friendly environment



### What services does PUCK provide?

- **A therapeutic environment** staffed with highly trained people
- **Mental health screenings** and assessments
- **Skill-building** for regulating emotions and behaviors
- **Recommendations** for follow-up care in the home and school
- **Follow-up consultation** with school
- **Access** to psychiatric medication consultation
- **Referral** for mental health and family services

For more information,  
visit [ucsvt.org](https://ucsvt.org)





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*Vermont Care Partners is a network of sixteen agencies that provide mental health, substance use disorder, and developmental disability services and supports in every community in Vermont. VCP health care agencies are reshaping the ways that Vermonters stay well. More information is available at **vermontcarepartners.org***