

What is substance use disorder?

Substance use disorder (SUD) refers to the uncontrolled use of a substance despite harmful consequences. Conditions under the umbrella term of substance use disorder include alcohol use disorder, opioid use disorder and stimulant use disorder.

What is Medication Assisted Treatment (MAT)?

MAT is a treatment for individuals with opioid use disorder, alcohol use disorder, or stimulant use disorder to lessen cravings and decrease withdrawal symptoms. This level of care includes counseling and behavioral therapies along with medication. Medications used in MAT, such as buprenorphine and naltrexone, work by blocking the effects of alcohol, stimulants, or opioids in the brain, which ultimately helps people struggling with substance use disorder to reach and sustain recovery. MAT also helps to prevent overdose because of its ability to help individuals reduce substance misuse.

How do I access UCS' MAT Program?

MAT is available at our 100 Ledge Hill Drive office in Bennington Monday through Friday and Wednesdays in our Northshire Office at 5312 Main Street in Manchester, VT. A Universal Access Coordinator will complete the intake process. When intake is complete, you will meet with a clinician, who will complete required screenings to enrollment in MAT.

Follow up appointments will be scheduled upon completion of intake.

Who is eligible for this program?

Individuals experiencing substance use disorder are encouraged to contact UCS. Eligibility will be determined on a case-by-case basis.

How long does the first appointment take?

The initial appointment may take up to two hours, including intake and meeting with a clinician.

What happens next?

You will be scheduled for future appointments and will work with a team that includes a nurse practitioner, mental health clinician, and case manager or peer support specialist.

Our MAT program is individualized based on your needs. Elements of your care might include medication and individual or group counseling. UCS also offers an Intensive Outpatient Program (IOP) for individuals with substance use disorder.

If you or someone you care about needs help with a substance use disorder, call us at 802-442-5491 or visit ucsvt.org. **Our UCS team will work with you to help you succeed in your recovery journey.**