



UCS is proud to be a Vermont Care Partners Center of Excellence

**Vermont Care Partners** is a network of sixteen agencies that provide mental health, substance use disorder, and developmental disability services and supports in every community in Vermont. VCP health care agencies are reshaping the ways that Vermonters stay well. More information is available at [vermontcarepartners.org](https://vermontcarepartners.org).



United Counseling Service of Bennington County  
100 Ledge Hill Drive, Bennington, VT 05201

(802) 442-5491  
[ucsvt.org](https://ucsvt.org)



# PLANNED GIVING



Create a legacy that will  
help build a stronger  
community for decades  
to come.



*Building a stronger community since 1958.*

**United Counseling Service (UCS)** is a private, non-profit community mental health organization that has been an essential part of Bennington County's integrated healthcare system since 1958. UCS provides outpatient counseling and addiction services, emergency mental health services, extensive rehabilitation services, home and school-based services, employment services for people recovering from mental illness or with developmental disabilities, and early childhood services.



## What is planned giving?

**In a nutshell:** planned giving is the process of making a significant charitable gift during a donor's life or at death that is part of their financial or estate plan. Planned giving offers a twofold benefit: At their core, planned gifts help support worthy causes (like the work we do here at UCS). At the same time, planned giving can be useful in helping donors make more substantial gifts while addressing their own financial needs over time.

**Planned gifts** make use of legal and tax strategies and/or financial products requiring professional assistance. By contrast, a donation made from a person's cash flow (such as a gift to a seasonal or event appeal or annual fund giving) is not defined as a planned gift.

For individuals who want to make a lasting impact on UCS and the communities we serve, **planned giving** may offer a perfect opportunity.



## Your planned gift will help build a stronger community.

There are many ways to give, and all gifts, regardless of size, are greatly appreciated. Some people prefer to make gifts that reduce their taxes while securing their income and supporting UCS at the same time. Many of our planned givers like to give through a will or trust. You don't need to be wealthy to make a planned gift. Some of the many options to consider include:

- Grants
- Recurring donations
- Gifts through a will or trust
- Stocks and appreciated assets
- Gifts of life insurance
- Gifts from retirement plans
- IRA rollover, 401(k), 403(b), or pension
- Donor advised funds
- Gift annuity



**We recommend you consult with your financial advisor or attorney** for more information on what type of planned giving will be best for you and your family.

**For more information, please contact Heidi French at 802-442-5491 ext. 281 or [hfrench@ucsvt.org](mailto:hfrench@ucsvt.org).** If you have already included UCS in your financial and/or estate plans, please let us know so that we may be sure to express our gratitude for your foresight and generosity!

*To make a one-time donation, visit [ucsvt.org/give](https://ucsvt.org/give)*

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