**UNITED COUNSELING SERVICE 2022** 

## SUPERHERO 5K

5TH ANNUAL RUN/WALK
AND KIDS' DASH
BENNINGTON, VT

- GET READY TO RUN, WALK, or ROLL!
- PRIZES FOR BEST COSTUMES AND TOP FINISHERS!
- KIDS' DASH FREE KIDS' TRAINING BOOKLET for all kids who register.
- **REGISTER BY OCT. 1** to be guaranteed Superhero swag.

NOV.5

**S**AM

2022 SPONSORS:



Bennington Banner Manchester Journal





**GVH Studio** 

Better Bennington Corporation Southwestern Vermont Healthcare VNA & Hospice of the Southwest Region Northeast Delta Dental MSK Engineers RK Miles

> Casella Chiro-Med & Rehab Hill & Thompson

ALL PROCEEDS WILL BENEFIT
UCS' EQUINE-ASSISTED
THERAPY PROGRAM



FOR MORE INFORMATION AND TO REGISTER FOR THE RACE

**VISIT UCSVT.ORG/EVENTS** 

OR CALL COMMUNITY RELATIONS AT

802.442.5491 EXT. 281



5th Annual

FOLLOW US! facebook.com/UCSSuperhero5K

