Hurricane Irene and its aftermath had a large impact on behavioral healthcare during the past year, unexpectedly changing the climate for mental health services in Vermont.

In Montpelier, flooding closed the Vermont State Psychiatric Hospital and washed away years of political stalemate, freeing money and momentum to change behavioral healthcare delivery locally and throughout the state. New funding allowed UCS to increase support for people in crisis with new services and better access to care.

We continued our focus on collaborating with other community partners. Our work with local primary care physicians continued to expand this year, resulting in better outcomes and satisfied patients. With BROC, our housing partner, we began to provide supportive alternatives to imprisonment that keep nondangerous residents working productively in the community at a significant savings to us all.

You’ll find these highlights and more within, and we thank you for helping us continue to build the behavioral care system our community needs today and for the future.

United Counseling Service
100 Ledge Hill Drive,
PO Box 588, Bennington,
Vermont 05201
www.ucsvt.org
With a goal of making behavioral health care more accessible, UCS continued to expand its presence in local primary care offices throughout the county. Doctors and patients have welcomed this model, established by the state’s Blueprint for Health, which integrates medical and behavioral healthcare and has contributed to better overall health in the community. UCS clinician Laura Sieme-Giordano (l) provides behavioral healthcare at the Northshire Medical Center, coordinating care with Carlie Felion, RN, BSN, a medical home case manager.
UCS clinicians successfully completed the first year of an alternative program for people in Corrections, called iPlan, in collaboration with the Bennington-Rutland Opportunity Council (BROC). They facilitated the return of 63 people to the community, connecting them to housing, jobs, substance abuse counseling, and other needed support. The program saved Vermont Corrections hundreds of thousands of dollars last year. A participant in the program, Stacey Brandmeyer (r) works with alternative high school teacher, Eric Marchese, and her UCS counselor Rosemarie Rinaldi.
To address growing local demand, Outpatient Clinician James Reilly and his colleagues initiated several new groups in the Northshire, including substance abuse recovery, coping skills, kicking opiates, and smoking cessation (at Burr & Burton Academy).

The Vermont Southern Alliance for Community Care opened an 8-bed facility, called Hilltop, to care for young adults experiencing their first psychological crisis. UCS shares in the clinical oversight for the facility, which primarily serves southern Vermonters.

The Vermont Southern Alliance for Community Care, LLC, is a partnership between Health Care and Rehabilitation Services, Rutland Mental Health Services, and United Counseling Service.
Our Runaway and Homeless Youth Program hosted the “High-Low Project,” a photo exhibit that explored the experiences of runaway and homeless youth in Vermont. The large-format images highlighted the struggles youth experience and their connection to UCS and other providers.

Teens for Change (T4C) group members and staff pose after washing the entire fleet of Bennington police cruisers. The group provides safe, substance-free opportunities for teens to be themselves, socialize, and build positive relationships. They organized community service work parties like this to “give back” to the community and last year received state-level recognition for their work.
Bigger and better than ever, the “Super Colossal 25th Anniversary Bowl For Kids’ Sake” sponsored by The Bank of Bennington was a sellout, involving 600-plus bowlers and hundreds more fans and supporters, raising more than $50K for the Big Brothers Big Sisters mentoring program that provides upwards of 90 kids with ongoing relationships with caring adults.
The annual UCS Health, Wellness and Safety Fair in July offered 300 clients, staff and families access to more than 30 vendors and pathways to better health.

With support from the Mount Laurel Foundation, a new UCS program is helping clients get moving, from swimming to tennis, skating, bowling, yoga and zumba. Here Frank Harwood practices his ground stroke in a group lesson at the Bennington Tennis Center. See p. 14 for listing of local health and wellness partners.

Clients in the Community Rehabilitation and Treatment program attended our annual meeting and picnic, dubbed “Meet, Feet, and Eat.” Staff and clients met to review progress, held a walk to support the National Alliance on Mental Illness (NAMI), and then broke bread at the annual picnic. Here Charlann Fuller (l) and Candy Cone are getting ready for the walk.

The annual UCS Health, Wellness and Safety Fair in July offered 300 clients, staff and families access to more than 30 vendors and pathways to better health.
“Go the Distance,” which winds through Old Bennington, has become a favorite 5k family fun-run. With help from the Batten Kill Valley Runners, this year’s event raised funds for the only independently funded Peer Warm Line in the state, allowing people to get support from others who’ve been there. After the race, runners Bill Clark and Holly Whitchurch take a breather with UCS Race Director JoAnne Larsen, center.

UCS and the Batten Kill Valley Runners orchestrated the second annual Shires of Vermont Marathon in May, this time under scorching hot sun, to benefit UCS programs for children and families. Sponsored by Southwestern Vermont Health Care and The Vermont Country Store, the race attracted marathoners from across the country.
UCS sponsored a concert by Flame, a 10-person ensemble of musicians with disabilities, who performed for hundreds of fans in Bennington. Their rocking message: everyone has abilities.

In December, Division Directors served up some holiday cheer to staff. Pictured (l-r) are Executive Director Ralph Provenza, Community Relations Director Robert Pini, Executive Assistant Shannon Howlett, Outpatient Mental Health and Substance Abuse Director David O’Brien, Facilities and Safety Director Paul Becker, Human Resources Director Leslie Addison, CRT Director Victor Martini, Early Childhood Services Director Betsy Rathbun-Gunn, Northshire UCS Director Peg Gregory, Finance Director Jill Doyle, Specialized Children’s Services Director Lorna Mattern, and Developmental Services Program Director Kathy Hamilton.
THANKS

The following individuals and businesses contributed to the UCS Annual Giving Program during 2011/2012, providing hundreds of hours of individual treatment, group therapy, and psychiatric care for people who otherwise could not afford care.

**Catamount**
Frederick and Judith Buechner
Anonymous
Ross and Alice Sandler *in honor of Joanna Mintzer, Donald Ferrell, Robert Pini, and UCS*
Frederick and Constance West

**Green Mountain**
Michael and Diana Bickford
Austin and Gillian Chinn
Peter and June Davis
Kent and Anne Gatling
Arthur and Pamela Gilbert, Jr.
Catherine Hickey
Anonymous, *in memory of Charles Butlerman*
Anonymous
Dennis Murphy *in memory of Bridget Scarpinato*
Sandra L. Read and Paul Parker
Anonymous
Elizabeth B. Thompson
Langdon Wheeler and Katherine Metcalfe

**Taconic**
David and Tabbie Aldrich
Anonymous
William and Ruth Botzow
Roger Brown
Anonymous
Anonymous
Richard and Ann Jackson
Robert and Cheryl Johnson
Bill and Jan Ketterer
Harry and Patricia Lapham
Manchester Lions Club
Merck Partnership for Giving
Anonymous
Daniel and Judy Perreault
Wilbur and Suzanne Rice
Nancy Scattergood and Peter Reed Donavan
Carlin W. Scherer
Theodore and Norma Thomas, Jr.

**Equinox**
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Anonymous
Georgia P. Ashforth
Aspen Motel
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Joseph and Sue Bamford, Jr.
Bernard and Celia Bandman, *in honor of Anne Gatling*
Barset Furnishings & Upholstery
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Roger and Julia Bolton
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Michael and Cathy Brady
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John and Debbie Cave
Ken and Lila Cestone
William and Sheila Childs
Anonymous
Marlyn Couture
Edward Cronin, Jr. and Susan Read Cronin, *in honor of Gerrit W. Kouwenhoven*
William and Linda Dailey III
Dee’s Electrical Service, Inc.
Jeremy and Claudia Dole
Donald and Patricia Dorr
Fraternal Order of Eagles, Battenkill Aerie 2551
Philip and Ann Ehret
EQX Construction Company

Dick and Janet Fabricius
Donald Ferrell, *in honor of Joanna Mintzer*
Finn & Stone, Inc.
Marc and Robin Fisher
Walter and Margery Freed
Richard and Virginia Freeman
Barbara Geer
Roy and Eleanor Girasa
Alexandra Gladstone
Howard and Barbara Halligan
Hanson-Walbridge Funeral Home
Steven Hemkens
Shawn and Joellen Holcombe
Stuart and Colleen Hoskins
Jensen’s Restaurant, *in memory of Chuck Jensen*
Jerome Construction, Inc.
Elex and Nancy Johnson
Hugh Johnson and Tara Shannon
Anonymous
Greg King and Sharon Cotterell
Kittredge Equipment Company, Inc., *in memory of Nancy Harwood*
John and Marie LaPenta
Lonergan & Thomas, Inc.
Love Cody & Company
Lovejoy Chaplet Corporation

Your generosity offers hope and recovery and dramatically changes each of these lives, helping our neighbors achieve greater productivity and independence. So we say, Thank you!

**ATWOOD SOCIETY**

**LEVELS OF GIVING:**

| Catamount | 1,000 to 4,999 |
| Green Mountain | 500 to 999 |
| Taconic | 200 to 499 |
| Equinox | 100 to 199 |
| Walloomsac | 50 to 99 |
| Batten Kill | 1 to 49 |

*Every UCS board member contributes to the Annual Giving Program. They are listed as “Anonymous.”*
Fred and Maureen Loy
Ted and Adele Maddocks
Myles Mahoney
Manchester Discount Beverage
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John and Patricia Masi, in memory of Nancy Wager Harwood
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Steven and Janie Dear, in memory of Mr. and Mrs. John P. Gorman, Sr.
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Anonymous
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George and Linda Long
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Curtis Merrow
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Leonard Anzivino and Gina Masnato
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Richard and Charlotte Bartholomae
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Elizabeth Benedect
Sandra S. Bennett
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Phyllis Binkley
Anonymous
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Brewster Antiques
Brickstone Design
Harry and Nancy Briggs, Sr.
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thanks

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Raymond L. Carangio
Martin and Sandra Castelbaum
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Phebe Ann Clarke Lewis
Robert Costantino
James and Sarah Crosier
CTC Photo Factory/VT Color
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Louis and Marie Guariniello
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Anonymous
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Dean and Janet Hanson
Craig and Karolyn Harrington, in memory of Nancy Harwood
Joseph and Catharina Hegedus, Jr.
Anonymous, in memory of Andrew Holmes
Frederic and Estelle Hoth
David and Diane Howard
Barbara Howland
William and Tara Innes
Nelson and Keiron Jesup
Mary Jones
Maurice and Peggy Kahn
Herbert and Lilli Kalish
John and Priscilla Kennedy, Jr.
John and Jean-Ellen Kenney
Leonard and Gail Kotler
Douglas and Marny Krause
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Marjorie Maas
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Anonymous
Anonymous
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Anonymous
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Anonymous
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Anonymous, in honor of Scot Staley
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Hannaford
Hildene

Leader Beverage
Market Wagon
Mrs. Murphy’s Donuts
Permanent Recess (the band)
Rain or Shine Tents
Stewart’s Shops
Wilcox Ice Cream
Wild Oats Market
Your Belly’s Deli

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Bennington Tennis Center:
Seth Gabriel
Bennington Recreation Center:
Tracy Knights
Riley Rink, Manchester:
Susan Marmer
Bennington Lanes:
Brook Thompson-Drew
The Yoga Place: Jane Schaefer
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Deb Giroux
Doug’s on Main Street
Finn & Stone
Kaman Composite Structures
Plasan North America
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and Southern Vermont Medical Center Radiology Department
Darlene Lockwood
Scott Malinowski
Angela Arbolino
Lindsay Baker
Whitney Olin
Trevor Ely
Lisa Byer
John Cross
Betsy Rathbun-Gunn

**Top Pledging Teams**
Kaman Composite Structures
Finn & Stone
The Bank of Bennington
Plasan North America
Southern Vermont Medical Center Radiology Department
UCS Infant and Toddler Center
D A Boyz
Gutterballers
Knights of Columbus
Hannaford Supermarket

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Jerome Construction, Inc.
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The Mount Laurel Foundation
The Orvis Company
The Pharmacy
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Tractor Supply
Vermont Canvas Products
Vermont Snowflakes
Veterans of Foreign Wars 1332 — Bennington
Visions Hair Salon
Wassick
West Mountain Inn
Your Belly’s Deli
FINANCIAL REPORT 2010/2011

Budgeted Income

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid</td>
<td>$10,487,644</td>
</tr>
<tr>
<td>Fees &amp; 3rd Party Payments</td>
<td>$556,756</td>
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<tr>
<td>Vt. Alcohol &amp; Drug Abuse Division</td>
<td>$574,227</td>
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<tr>
<td>Vt. Department of Mental Health</td>
<td>$505,125</td>
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<tr>
<td>Vt. Department of Developmental Services</td>
<td>$68,635</td>
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<tr>
<td>Other State Contracts</td>
<td>$838,681</td>
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<tr>
<td>Local Revenue</td>
<td>$668,262</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$218,624</td>
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<tr>
<td>Total</td>
<td>$13,917,954</td>
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By Age

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<thead>
<tr>
<th>Age Group</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>under 6</td>
<td>208</td>
<td>6%</td>
</tr>
<tr>
<td>6-17</td>
<td>696</td>
<td>21%</td>
</tr>
<tr>
<td>18-24</td>
<td>517</td>
<td>16%</td>
</tr>
<tr>
<td>25-59</td>
<td>1561</td>
<td>47%</td>
</tr>
<tr>
<td>60+</td>
<td>348</td>
<td>10%</td>
</tr>
<tr>
<td>Total</td>
<td>3330</td>
<td>100%</td>
</tr>
</tbody>
</table>

Use of Funds by Program

<table>
<thead>
<tr>
<th>Program</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Developmental Services</td>
<td>48%</td>
</tr>
<tr>
<td>Community Rehabilitation &amp; Treatment</td>
<td>18%</td>
</tr>
<tr>
<td>Outpatient</td>
<td>24%</td>
</tr>
<tr>
<td>Substance Abuse</td>
<td>5%</td>
</tr>
<tr>
<td>Community Programs</td>
<td>3%</td>
</tr>
<tr>
<td>Emergency</td>
<td>2%</td>
</tr>
</tbody>
</table>

Source of Funds

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>UCS Generated Medicaid</td>
<td>76%</td>
</tr>
<tr>
<td>Local Revenues</td>
<td>5%</td>
</tr>
<tr>
<td>Department of Mental Health</td>
<td>4%</td>
</tr>
<tr>
<td>UCS Other Fees</td>
<td>4%</td>
</tr>
<tr>
<td>Other State Grants</td>
<td>6%</td>
</tr>
<tr>
<td>Alcohol/Drug Abuse Division</td>
<td>4%</td>
</tr>
<tr>
<td>Department of Developmental Services</td>
<td>1%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>

Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>US Department of Health &amp; Human Services</td>
<td>$1,106,844</td>
</tr>
<tr>
<td>Local Revenue</td>
<td>$4,800</td>
</tr>
<tr>
<td>Total Revenue</td>
<td>$1,111,644</td>
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Expenses

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries</td>
<td>$544,842</td>
</tr>
<tr>
<td>Fringe Benefits</td>
<td>$132,068</td>
</tr>
<tr>
<td>Other Personnel Costs</td>
<td>$177,715</td>
</tr>
<tr>
<td>Operating Expenses</td>
<td>$143,519</td>
</tr>
<tr>
<td>Travel &amp; Transportation</td>
<td>$20,103</td>
</tr>
<tr>
<td>Building Expenses</td>
<td>$93,397</td>
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<tr>
<td>Total Expenses</td>
<td>$1,111,644</td>
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</table>

By Program

<table>
<thead>
<tr>
<th>Program</th>
<th>Number</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Emergency Services</td>
<td>167</td>
<td>5%</td>
</tr>
<tr>
<td>Developmental Services</td>
<td>209</td>
<td>6%</td>
</tr>
<tr>
<td>Community Rehabilitation</td>
<td>155</td>
<td>5%</td>
</tr>
<tr>
<td>and Treatment</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Substance Abuse</td>
<td>502</td>
<td>15%</td>
</tr>
<tr>
<td>Outpatient</td>
<td>1734</td>
<td>52%</td>
</tr>
<tr>
<td>Head Start</td>
<td>473</td>
<td>14%</td>
</tr>
<tr>
<td>(Head Start Children 134)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Big Brothers Big Sisters</td>
<td>90</td>
<td>3%</td>
</tr>
<tr>
<td>Totals</td>
<td>3330</td>
<td>100%</td>
</tr>
</tbody>
</table>

By Town

<table>
<thead>
<tr>
<th>Town</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arlington</td>
<td>142</td>
<td>4%</td>
</tr>
<tr>
<td>Bennington</td>
<td>1768</td>
<td>53%</td>
</tr>
<tr>
<td>Dorset</td>
<td>93</td>
<td>3%</td>
</tr>
<tr>
<td>Manchester</td>
<td>323</td>
<td>10%</td>
</tr>
<tr>
<td>North Bennington</td>
<td>192</td>
<td>6%</td>
</tr>
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<td>Pownal</td>
<td>279</td>
<td>8%</td>
</tr>
<tr>
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<td>123</td>
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</tr>
<tr>
<td>Other VT</td>
<td>274</td>
<td>8%</td>
</tr>
<tr>
<td>NY</td>
<td>111</td>
<td>3%</td>
</tr>
<tr>
<td>Other States</td>
<td>25</td>
<td>1%</td>
</tr>
<tr>
<td>Total</td>
<td>3330</td>
<td>100%</td>
</tr>
</tbody>
</table>

By Age

<table>
<thead>
<tr>
<th>Age</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>under 6</td>
<td>208</td>
<td>6%</td>
</tr>
<tr>
<td>6-17</td>
<td>696</td>
<td>21%</td>
</tr>
<tr>
<td>18-24</td>
<td>517</td>
<td>16%</td>
</tr>
<tr>
<td>25-59</td>
<td>1561</td>
<td>47%</td>
</tr>
<tr>
<td>60+</td>
<td>348</td>
<td>10%</td>
</tr>
<tr>
<td>Total</td>
<td>3330</td>
<td>100%</td>
</tr>
</tbody>
</table>

WHO WE SERVE

United Children’s Services Head Start Program

Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>US Department of Health &amp; Human Services</td>
<td>$1,106,844</td>
</tr>
<tr>
<td>Local Revenue</td>
<td>$4,800</td>
</tr>
<tr>
<td>Total Revenue</td>
<td>$1,111,644</td>
</tr>
</tbody>
</table>

Expenses

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries</td>
<td>$544,842</td>
</tr>
<tr>
<td>Fringe Benefits</td>
<td>$132,068</td>
</tr>
<tr>
<td>Other Personnel Costs</td>
<td>$177,715</td>
</tr>
<tr>
<td>Operating Expenses</td>
<td>$143,519</td>
</tr>
<tr>
<td>Travel &amp; Transportation</td>
<td>$20,103</td>
</tr>
<tr>
<td>Building Expenses</td>
<td>$93,397</td>
</tr>
<tr>
<td>Total Expenses</td>
<td>$1,111,644</td>
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</tbody>
</table>

By Program

<table>
<thead>
<tr>
<th>Program</th>
<th>Number</th>
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<tbody>
<tr>
<td>Emergency Services</td>
<td>167</td>
<td>5%</td>
</tr>
<tr>
<td>Developmental Services</td>
<td>209</td>
<td>6%</td>
</tr>
<tr>
<td>Community Rehabilitation</td>
<td>155</td>
<td>5%</td>
</tr>
<tr>
<td>and Treatment</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Substance Abuse</td>
<td>502</td>
<td>15%</td>
</tr>
<tr>
<td>Outpatient</td>
<td>1734</td>
<td>52%</td>
</tr>
<tr>
<td>Head Start</td>
<td>473</td>
<td>14%</td>
</tr>
<tr>
<td>(Head Start Children 134)</td>
<td></td>
<td></td>
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When making financial plans, please consider making a bequest to UCS to ensure a healthy community for the future. For information visit www.ucsvt.org/give_planned.php.