

UCS News Release

For Immediate Release:
April 27, 2010

Contact: Robert Pini
(802) 442-5491
rpini@ucsvt.org

UCS Spring Conference Highlights Efficiency

Bennington and Manchester, Vt. — Susan Tohn, an expert in Solution Focused Therapy, will be the presenter at the 4th Annual United Counseling Service Symposium on Friday, May 7 at the Bennington Center for the Arts.

An exciting presenter, Susan Tohn, MSW, LICSW, combines humor with the adult learning method while utilizing role plays, case examples, insightful handouts, and several videotaped sessions. “Integrating Solution Focused Therapy into Clinical Practice” is the title of her training.

“Solution focused work is ideal for these challenging times,” according to Beverly Corbett, the clinical director of the Brighton Allston Mental Health Association in Massachusetts.

Rather than focusing on diagnosis and problems, Solution Focused Therapy starts with the client and focuses on solutions. That helps clinicians, counselors, and case managers to focus on their clients’ goals and strengths, which leads to better problem solving.

“Tohn is fabulous. She’s an amazing presenter with excellent clinical background,” said Carol Trust, the executive director of the Massachusetts Chapter of the National Association of Social Workers.

Participants will be coming to the daylong conference from across Vermont, and parts of New Hampshire, Massachusetts, and New York.

Tohn is a Clinical Assistant Professor at the Boston College Graduate School of Social Work. The associate dean of the school, Dr. Thomas Walsh describes Tohn as wildly popular, versatile, dynamic, energetic, and well grounded. “She’s the expert in solution focused therapy.”

To register or for more information call UCS, 802-442-5491 x313; or email bdooling@ucsvt.org. The complete conference and luncheon is \$99. Participants will receive 5.5 CEUs in social work, mental health, or psychology. To download the conference program visit the UCS web site at www.ucsvt.org.

“Solution Focused Therapy can help any therapist or counselor to meet the client’s needs in fewer sessions,” said UCS Executive Director Ralph Provenza. “That’s important now because the demand for service is very high and clinicians are stretched to capacity.”

UCS serves children, adults, families, and seniors through nationally recognized counseling, early care and education, and clinical support. Visit www.ucsvt.org to find out more.

-End-