

UCS News Release

**For Immediate Release:
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UCS Sponsors NAMI Walk for Mental Health

Bennington and Manchester, Vt. — United Counseling Service is sponsoring a 3-mile walk in Bennington on Saturday, May 16th.

Anyone can come and walk. The purpose is to fight the stigma about mental illness, and to build awareness that mental health care is inadequate.

The walk will also raise money for UCS Summer programming and the National Alliance on Mental Illness.

Join colleagues, friends, families, and neighbors and come walk!

Preregistration begins at 10:30am at UCS, 316 Dewey Street. The walk begins at 11am.

After the walk, participants can enjoy the craft sale and have cake and goodies at 316 Dewey Street.

Special custom-made t-shirts that say “Normal’s Overrated” will also be available for sale to benefit NAMI and UCS.

For more information, call Pat Kinney, R.N., 447-0860 or Nancy Donlon, 442-5491 x483

UCS serves children, adults, families, and seniors through nationally recognized counseling, early care and education, and clinical support. Visit www.ucsvt.org to find out more.

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