

GO THE DISTANCE

UNITED COUNSELING SERVICE

CRES

PEER SUPPORT

Sunday, August 29, 2010

Registration Begins: 9:30 a.m.

5K Run/Walk Starts: 10:30 a.m.

Start/Finish—CRT Building - 316 Dewey St., Bennington Vermont

Rain or Shine

Dogs are welcome to run/walk with you.

All participants must fill out a registration form.

INDIVIDUAL REGISTRATION FEE \$10.00 — The fee will be waived for anyone raising \$15 or more.
Please make checks payable to: United Counseling Service/Go The Distance

RUN/WALK 5K and raise money for the UCS CRES Peer Support program, which includes a warm line, support groups, and individual mentoring.

Your support as a participant or sponsor will help people with mental illness to connect with recovery.

T-shirts are free to all participants. Refreshments on sale after the 5K.

Registration Form (please print)

Name: _____

Address: _____

Phone: _____ E-mail: _____

Waiver of Release and Liability:

I hereby waive all claims against UCS sponsors, or any personnel for an injury that I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature: _____

Parent OR Guardian: _____

UCS united counseling service of bennington county